

Greek clothing was typically made from linen or wool. The main clothing was a tunic called a **chiton.** A cloak, **himation**, was draped across the shoulders, diagonally or behind both shoulders. Women's clothing was floor-length. Men's wore knee-length chitons. Women braided their hair and wrapped the braids around their head. Sometimes they added a headband made of ribbon, flowers or metal. Greeks often went barefoot or wore light shoes like sandals or slippers. People think of Greeks wearing only white because of the white marble statues they've seen. Actually, their clothing was colorful and bright– yellow, dark red, violet, green. Clothing was sometimes embroidered with geometric designs such as the popular Greek Key.

No-sew Costumes

Boys: Wear a t-shirt and wrap a piece of material (or large towel) around your waist that reaches your knees. Then, fold a sheet in half and drape it over one shoulder. Add a belt to hold in place.

Girls: Wrap a piece of material (like a sheet) under your arms. The fabric should fall to your ankles. Drape another piece of material around your shoulders. Add a belt by wrapping a ribbon in a criss-cross pattern a few times around your ribcage.

*If you don't have old sheets at home to use, it may be less expensive to buy material by the yard at a fabric store than to purchase bedsheets. Use large safety pins because they are more sturdy and will hold layers of fabric together better than small ones.





Two Ways to Make a Chiton

Girls: Use a piece of material that is twice your height. Boys: Use material about 11/2 times your height. The material should be about as wide as your arm span.

- 1. Fold the material in half.
- 2. Cut a hole for your head.
- 3. Sew or glue the side seams together. Turn the costume inside out.
- 4. Tie a belt around your waist and pull fabric up so that it balloons over the belt.
- 5. For a more elaborate costume, you can add gather the shoulder seams or add ribbon trim.
- 1. Begin with two pieces of material, roughly the length of your body for girls. Boys use material that will fall below your knees.
- 2. Sew or glue the two pieces of material together.
- 3. Attach the shoulder seams together with pins, buttons or other decorations.
- 4. Tie a belt around your waist and pull fabric up so that it balloons over the belt.
- 5. You may wish to glue or sew a border of ribbon or another fabric to the bottom. Or, use fabric markers to add details.

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